

Advice for Newly Pregnant Moms

- Refer to our [Planning for Pregnancy](#) link if you have questions about what to do before you get pregnant.
- Notify our office right away for an appointment if you have any of the following history or conditions:
 1. Diabetes
 2. High Blood Pressure
 3. History of repeated miscarriages
 4. History of tubal pregnancy
 5. Seizures
 6. Heart Disease
 7. Other chronic medical condition for which you take medications
- If you are taking medication please bring them to your first appointment with the nurse
- Do not discontinue or adjust your dosage of medication without speaking to your primary care provider or our office first
- If you are a new patient to our practice and had a previous C/Section and wish to discuss the possibility of a trial of labor you will need a consultation with one of our Obstetricians for your 1st appointment.